



# Adaptations For Arthritic Dogs



"80% of Dogs over 8 years old have arthritis"

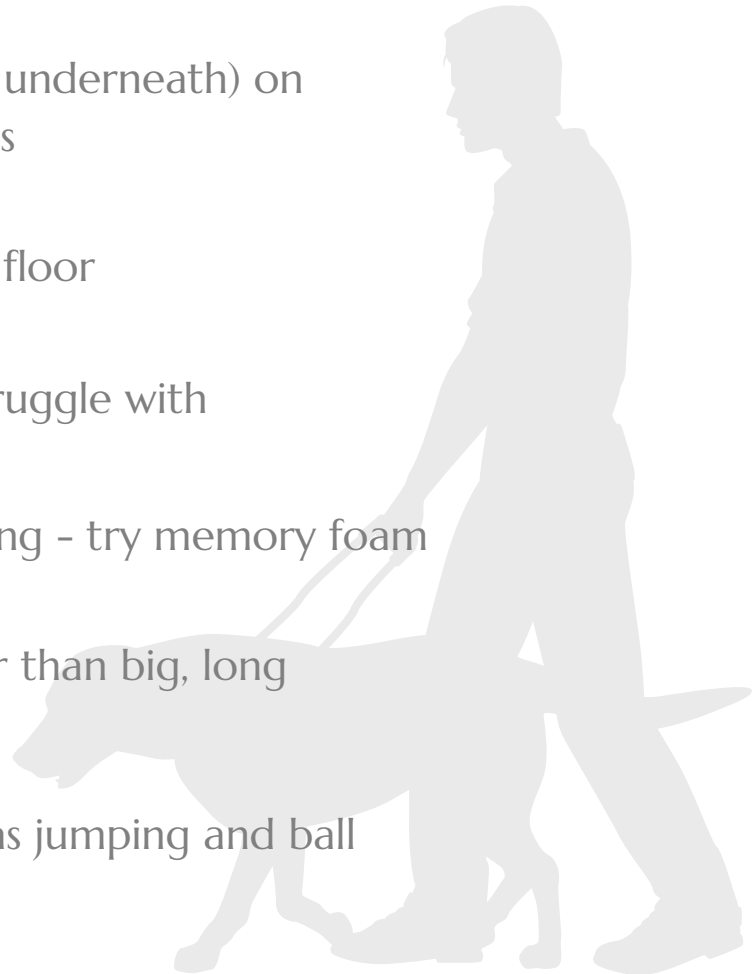
- Canine Arthritis Management



Arthritis can affect younger dogs too

Make these 6 changes to your pet's environment and routine to help make life easier for them

- 1 Non-slip rugs (or add anti-slip tape underneath) on laminate/tiled floors to prevent slips
- 2 Raise food and water bowls off the floor
- 3 Adding ramps to steps they may struggle with
- 4 Get good quality, supportive bedding - try memory foam
- 5 Do little exercise more often rather than big, long walks less often
- 6 Avoid any impactful exercise such as jumping and ball catching



Spotting arthritis

Look out for mobility struggles, over-grooming, becoming less interested in walks & interacting, and not wanting to be touched.



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